



Bob White, Executive Director
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Contact Us!

E-Blast for Tuesday, June 26, 2018

KSLA Welcomes Two New Provider Members

KSLA would like to welcome the following new Provider Members:

Arcadia Senior Living Bowling Green

Candie Gray, Executive Director
618 Lovers Lane
Bowling Green, KY 42103
270-495-4504
E-mail: CGray@ArcadiaBowlingGreen.com

Grove Pointe Assisted Living

Chris Just, Executive Director
3701 Frankfort Ave
Louisville, KY 40207
502-897-4907
E-mail: CJust@MHKY.com

Ambassador Program



The Senior Living Works Ambassadors had their first webinar last week. This webinar shared most of the initiatives that will be pursued over the next few months to assist our communities in developing needed workforce practices.

If you are interested in becoming an ambassador, please click the Senior Living Works link above to sign up as an ambassador on their website. If you decide to become an ambassador, **contact us** and we will forward a link to the first webinar from last week to you.

The next Senior Living Works Ambassador webinar is scheduled for July 11, 2018 at 2 p.m. ET.

For Activity Directors: 2018 National Senior League (NSL) Wii Bowling Championships

Registration is now open for the NSL's 2018 National Senior Wii Bowling Championships. This begins the 10th season of crowning National Senior Wii Bowling Champions, in 7 divisions, based on levels of abilities.

The registration fee is \$150 per 4-person team. A community may have up to 10 teams, consisting of 4 bowlers each, in the NSL. Teams bowl against other teams all over the country - no travel involved.

For more information or to register, visit the NSL [website](#) or call Dennis Berkholtz, Founder, National Senior League, LLC, at 435-714-9491.

From Waugh Consulting, LLC Laughter is the Best Medicine After All

(from Waugh Consulting, LLC, June 2018 Newsletter)

You all understand too well that memory loss isn't funny. We all know laughing AT someone is never acceptable. However, laughter has a very important role for both the person suffering with memory loss and their caregivers. Laughing WITH someone has many benefits. But how to make it work for you? Summer fun offers many great opportunities for laughter.

Find out what the person thinks is funny. It might be an old story or an old joke that made them laugh in days gone by. Women often prefer stories while men often enjoy jokes. Perhaps it's a TV show or an older cartoon that sparks the happy eyes, the smile and the laughter.

Armed with this knowledge about your loved one provides you with material that calls upon their long-term memory, which is their strength. Refrain from

saying “Do You Remember...” and replace it with “I was thinking about...”

- "that time we forgot to pack the silverware for our picnic!"
- "when we got all wet as we vacationed at Niagara Falls."
- "the family reunion where Uncle Jack won the watermelon eating contest."
- "sitting on the front porch, just talking, while watching the children run through the sprinkler."
- "eating the wonderful apple pie Mildred always made for July 4th."

The topics are personal and endless!

Refrain from jokes about current events since this often requires knowledge of topics that might be difficult for them due to short-term memory loss.

The goal is stress-free fun for everyone. Laughing together feels good ... and is truly the best medicine!

Diana Waugh
419-351-7654
www.WaughConsulting.info

Have a great week,

Bob White, Executive Director
Kentucky Senior Living Association (KSLA)

Join KSLA

Contact Us

Kentucky Senior Living Association | [133 Evergreen Road, Suite 212, Louisville, KY 40243](https://www.kentuckyseniorliving.org)

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