



## **Activities Director Workshop Offering Announcement**

**Thursday, April 11, 2019 from 10 a.m. - 2 p.m.**

**Republic Bank Community Room**

**9600 Brownsboro Road**

**Louisville, KY 40241**

**Cost is \$60 for the first registrant, \$40 for each additional registrant from the same community  
Or \$80 per Attendee (for Non-KSLA Members)**

**3.0 Continuing Education Units Have Been Applied For / 3.6 Contact Hours Available**

**Registration Deadline: Tuesday, April 9, 2019**

### **Workshop Summary**

This workshop is for Activity Directors in Senior Living and will focus on four areas:

1. Activity Director job performance. Are you ordinary or extraordinary? (45 minutes)
2. Creatively using the arts in daily activity programming (45 minutes)
3. Thematic programming through creative, easy theme bags using the five senses and sensory stimulation (45 minutes)
4. Activity programming with men, specifically, in mind, as participants and volunteers (45 minutes)

### **Target Audience & Prerequisites**

- ◆ Activity Directors in Senior Living Communities
- ◆ There are no prerequisites for this workshop

### **Learner Outcomes/Objectives**

- ◆ Define what it means to be an ordinary and extraordinary Activity Director
- ◆ Determine what gets in the way of doing the best job possible
- ◆ Gain knowledge of eight core beliefs of extraordinary supervisors and learn what sets them apart from an ordinary workplace
- ◆ Review six core elements of a rich and positive workplace
- ◆ Define forms of creative expression using various outlets and media
- ◆ Describe the benefits of the arts in the lives of senior adults
- ◆ Learn ways to expose residents to the arts within their community and utilizing resources within their locale
- ◆ Identify resources to better enhance creative arts programming
- ◆ Learn what thematic programming is
- ◆ Learn the components of using theme bags to develop programming
- ◆ Define what populations specific programming is designed to enhance
- ◆ Demonstrate how thematic programming can carry over into other areas of programming
- ◆ Learn how to get started with thematic programming
- ◆ With men being a minority in senior living activities, learn the importance of involving them in dynamic programming
- ◆ Learn the difference between “blue collar” and “white collar” workers and the differences in the type of work they did prior to retirement, which can be useful in developing male-oriented activities
- ◆ Learn the importance of involving men in your community in volunteer roles



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- ◆ Learn tools for probing for more detail and determining the likes and dislikes of the male population in your community
- ◆ Recommended individual or group craft and activity suggestions specifically for men

### **Requirements for Successful Completion**

- ◆ Active participation in the entire session
- ◆ Completion and return of course evaluation form

### **Fee & Refund Policy**

- ◆ The fee is \$60 for the first registrant. The fee lowers to \$40 for each additional registrant from the same community (KSLA Members). The fee for non-KSLA members is \$80 per registrant.
- ◆ Fees are payable via check or credit card, and paid in advance. Completed registration forms and fees should be submitted to KSLA via e-mail to [KSLA@KentuckySeniorLiving.org](mailto:KSLA@KentuckySeniorLiving.org), by fax to 502.805.0589, or by mail to KSLA, 133 Evergreen Road, Suite 212, Louisville, KY 40243. Or you may pay your fees on-line if you register via our website at <https://kentuckyseniorliving.org/event/activities-director-workshop/>
- ◆ To receive a refund, the registrant must notify KSLA in writing (via e-mail or U.S. mail) of his/her inability to attend the workshop no less than five business days prior to the workshop. KSLA will refund the registrant's entire fee via check within two weeks of this notification.

### **Your Presenters**

- ◆ Jackie Laskee has over 39 years of long-term care experience. She has been working as a State Certified Professional in Kentucky for over 33 years, and has been nationally certified since 1990. Jackie is an active member of the National Association of Activity Professionals and served as the public relations trustee for the last four years. She trained with Dr. Bill Thomas and is an Eden Alternative Associate. Most recently, Jackie received her Best Friends Approach Master's Trainer Certification. Jackie has conducted numerous activity professional training courses throughout the state of Kentucky and nationally. She is the Program Services Director at the Christian Care Communities in Louisville, Kentucky.
- ◆ Gina Scott has 22 years of experience and has been a Kentucky State Certified Activity Professional for that entire length of time. Gina has a Bachelor's of Health Sciences degree from the University of Kentucky. For the past 19 years, Gina has been the Activity Director at McDowell Place of Danville, where she created the activity program. She has led several workshops for KSLA over the years.



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### **Teaching Methods**

This team of presenters will lead the interactive training session in a classroom setting, with tables and chairs. They will speak from the front of the room and will utilize Powerpoint during instruction. They will provide printed handouts to session participants for informational and note-taking purposes. Specific activities will be demonstrated for participants to employ in their own communities.

The workshop will begin at 10 a.m. and conclude at 2 p.m. There will be a half hour for lunch (provided). There will be two 15-minute breaks, one before and one after lunch.

### **Other Notes**

- ◆ The registration deadline is Tuesday, April 9, 2019
- ◆ Please advise KSLA of any dietary restrictions on your registration form.
- ◆ You may register via the KSLA website at <https://kentuckyseniorliving.org/event/activities-director-workshop/> or complete the last page of this Offering Announcement and return it with payment (check or credit card) to KSLA via:
  - ◇ E-mail: [KSLA@KentuckySeniorLiving.org](mailto:KSLA@KentuckySeniorLiving.org)
  - ◇ Mail: Kentucky Senior Living Association (KSLA) - 133 Evergreen Road, Suite 212 - Louisville, KY 40243
  - ◇ Fax: 502.805.0589
- ◆ Questions? Contact KSLA at 502.938.5102 (for Bob) or 502.216.3239 (for Rebecca)

### **Driving Directions to Republic Bank Building @ 9600 Brownsboro Road, Louisville, KY**

#### **From I-65 or I-64**

Take the Gene Snyder Freeway East Bound (I-265) to Exit 33, KY 22/Brownsboro Road. Take exit to stop light, turn left, go through traffic signal, Republic Bank & Trust Co. is on your left. Turn left and park in their parking lot. Proceed to the lower level of the building to the community meeting rooms.

#### **From I-71**

Take the Gene Snyder Freeway West Bound (I-265) to Exit 33, KY 22/Brownsboro Road. Take exit to stop light, turn right, Republic Bank & Trust Co. is on your left. Turn left and park in their parking lot. Proceed to the lower level of the building to the community meeting rooms.



## Activities Director Workshop Registration & Payment Form

*Please send this completed form to KSLA, 133 Evergreen Road, Suite 212, Louisville, KY 40243*

*Or*

*KSLA@KentuckySeniorLiving.org*

*KSLA will send you an invoice.*

Community Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Registrant Name	Title	Dietary Restrictions	Mbr Cost	NonMbr Cost
#1 _____	_____	_____	\$60	\$80
#2 _____	_____	_____	\$40	\$80
#3 _____	_____	_____	\$40	\$80
#4 _____	_____	_____	\$40	\$80
#5 _____	_____	_____	\$40	\$80

Payment Option:  Check  Visa  Master Card  AmX  Discover Total Due: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ 3 Digit Code on Back of Card: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Credit Card Billing Address (if different from above): \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_